



Adventure Tour in Nepal

URL: <https://naatatravels.com/trip/adventure-tour-in-nepal/>

Duration

08 Days

Per Person Cost

USD 1080

Difficulty

Moderate

Group Size

1-16

Maximum Elevation

1600 meters

Accommodation

Resort in Bhotekoshi and 3-star hotels in Kathmandu, Chitwan and Pokhara

arrival_on

Kathmandu

Meals

Breakfast

Departure

Kathmandu

Trip Route

Nepal

Highlights Of Adventure Tour in Nepal

You can experience the thrill of bungee over the Bhotekoshi gorge

You can explore a variety of landscapes, from low terai to gorgeous green highlands.

Rafting in the Trishuli River is an exciting experience with bouncing waves and rapids.

Travel to low-temperature Chitwan for fun outdoor activities and a jungle safari.

You can do paragliding from Sarangkot.

Trip Overview

The 8-Day Adventure Tour in Nepal package offers exciting activities. It includes a tour of the beautiful medieval monuments and breathtaking views of the Himalayas. Adventure Tour in Nepal is a Trip Package designed to showcase Nepal within eight days. We spend a whole day in **Kathmandu valley**, where the medieval heritages. We start with a guided tour of the valley and then go [bungee jumping](#) in Bhotekoshi. The following day, we raft from Charaudi to Muglin in the **Trishuli River**.

Our next destination is Chitwan National Park, where we go on a jungle safari and end our trip to Pokhara by [paragliding](#) over the lake city. On the third day of our journey, we drive to **Bhotekoshi River**, around 120 km from Kathmandu Valley, for Bungee Jumping or other similar adventure activities. The next day, we drive towards Chitwan. However, we stopped by Charaudi for whitewater **Rafting** in the Trishuli River. Chitwan is well-known for its **safaris and jungle activities**.

Further in our Adventure Tour Nepal, we headed towards Pokhara, a beautiful lake city that will awe you all. During our stay in Pokhara, we paraglided, cycled around the lovely town, and finally returned to the capital, Kathmandu, recollecting all our fun. Trekking in Nepal is one of the best experiences anyone can have. So, upon the request of our clients, we can extend our itinerary by three more days and divert it towards the Annapurna Poonhill Trek route. We can also add an [Everest Mountain Flight](#) to this Trip package to give us a fantastic view of Everest.

Throughout the 8-day Adventure Tour Nepal, we can visit spiritual sites in Kathmandu and observe the way of Life of the Nepalese. We can also incorporate a hiking tour of Nepal before we conclude our tour. Also, if you want to see the best of Nepal, you can customize your trip. There are also food tour packages waiting for you.

Trip Itinerary

Day : Arrival in Kathmandu

Upon your arrival at the Tribhuwan International Airport, a representative from Naata Trek and Tours will be waiting for you at the airport, displaying a playing card imprinted with your name. After you are welcome to Kathmandu, they will transfer you to the designated hotel.

In the evening, we can enjoy a welcome dinner hosted by Naata. We can enjoy Nepalese cuisine during dinner, introducing us to the country's food culture.

Accommodation	Meals:	Altitude:
3-star hotel	Dinner	1400 meters

Day : Guided Sightseeing in Kathmandu

After breakfast, we will have a pre-trip meeting to introduce you to your Guide. During the meeting, you can ask any questions regarding the trip. This day will be full of cultural tours.

The Kathmandu tour will also include a tour of Bhaktapur.

We visit Boudhanath Stupa, one of the most significant Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. Boudhanath Stupa is devoted to Buddha, a highly worshipped god of the Buddhist religion. Buddha was a religious Teacher of the 5th and 6th Centuries and is highly respected by Nepali people.

Buddha is also known to promote world peace through his teachings. Nepalese and Tibetan people show deep respect and pay homage to Buddha.

After Boudhanath Stupa, we visit Pashupatinath Temple, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Here, we see sacred men (sadhus) meditating, pilgrims bathing, and occasionally funeral pyres burning on the ghats. We can see and experience the cultural experience of Hindus.

We will also visit Bhaktapur Durbar Square, a collection of pagodas and shikhara-style temples grouped around a fifty-five-window brick and wood palace. The attractions of Bhaktapur Durbar Square are the Lion Gate, the Golden Gate, the Palace of Fifty-Five Windows, art galleries, and the Statue of King Bhupatindra Malla. Many stone idols in Kathmandu represent Gods and Goddesses of Hindu Mythology.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

1400 meters

Day 5-6 hours: Drive to Last resort, Bhotekoshi

Nepal probably has one of the best sites for Bungee jumping. Standing at an impressive height of 160 meters on a tropical gorge and looking down to Bhotekoshi, a river as wild as possible, the thrill it gives you is hard to describe. We drive to the Last Resort in Bhotekoshi, the Bungee operator there. You also have the option to attempt canyon swing, which gives you the experience of a staggering 150 meters of freefall. We stayed the night in the Last Resort.

Accommodation

Resort

Meals:

Breakfast

Altitude:

1100 meters

Day 5-6 hours: Drive to Charaudi for Rafting and drive to Chitwan

White rafting is an experience associated with rafting on fast-flowing rivers, and Nepal is a Himalayan country; you will find no shortage of high currents here. Tumbling down from the snow-capped peaks, the rivers of Nepal provide you with one of the most exciting rafting and kayaking experiences. We start from Charaudi and end our adventure in Muglin. After completing it, we drive to Chitwan for the night.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

840 meters

Day : Jungle Safari in Chitwan National Park

The first national park of Nepal and a UNESCO World Heritage site, Chitwan is considered one of the best preserved in South Asia. The park is rich in flora and fauna and is one of the few remaining homes to the endangered one-horned rhinoceros, gharial, and the elusive royal Bengal tiger.

We go on an elephant-back jungle safari like the old-day Maharajas to glimpse the Bengal tiger. Later in the day, we canoe in the marshy Terai River among hundreds of marsh mugger crocodiles sprawling in the sun, waiting for their prey. We end the day enjoying the cultural Tharu dance. We stayed the night in Chitwan.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

100 meters

Day : Drive to Pokhara

We leave for Pokhara early in the morning. Pokhara, a famous lake city and a central tourist hub, welcomes you with views of the Annapurna range. Upon reaching Pokhara, we checked in at our hotel and rested before exploring Lake City.

We will boat on Phewa Lake, the second largest lake in Nepal, and visit the Barahi temple on a small island. We can relax by the lakeside in the evening and grab a drink.

Pokhara is also known as the gateway to the Annapurna region in Nepal, and trekking there is one of the best experiences anyone can have.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

900 meters

Day : Paragliding and sightseeing on cycles

We have an exciting day ahead of us today. After breakfast, we will hike for 2-3 hours to reach Sarangkot Hill, a hill station famous for paragliding, sunrise views, and views of the Annapurna range and the lake city below. Paragliding is one of the most audacious sports one can pet oneself with. Once you take off from the famed hill, time goes still.

Annapurna range on level eye above the horizon, and the peaceful lake city below, you will surely reach cloud nine. Upon completing the flight, we will rest, get on our bicycles, and briefly see the city by visiting the mountain museum Davi's Fall and Mahendra Cave.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

900 meters

Day : Drive back to Kathmandu

Today, we drive back to Kathmandu, marking the end of this adventurous trip. Upon request, we can also arrange a flight back to Kathmandu. We have to do some souvenir shopping or stroll around the city for the rest of the day. Tonight Naata Trek and Tours will organize a THANK YOU farewell dinner program to celebrate and share our experiences of the trip. Our Nepal tour is complete today.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

1400 meters

Day : Departure

Today is the last day of our trip. Our office representative will drive you to the international airport for your departure. Finally, you will take a flight from Nepal, recollecting all your thrilling experiences.

Trip Includes

- Airport pickup and drop in a private vehicle
- Fluent English Speaking Tour Guide with exceptional Knowledge about the histories of Durbar Squares.
- 3-star hotel accommodation in Kathmandu and Pokhara with breakfast
- Welcome and farewell dinner programs
- All ground transportation on a private vehicle
- Guided city tour of Kathmandu in a private vehicle
- Entrance fees for sightseeing
- An experienced, English speaking and government-licensed adventure leader
- Naata Travel & Adventures T-shirt and Cap (which are yours to take)
- All necessary paperworks
- Fees for Bungee, Rafting, Jungle Safari and Paragliding
- Medical Kit (Carried by adventure leader)

Trip Excludes

- Nepalese visa fee (Bring accurate USD cash and two passport size photographs)
- International airfare to and from Kathmandu
- Excess baggage charges
- Travel and rescue insurance
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porter, bottle or boiled water, shower, etc)

- Tips for guide(s), and driver(s)
- All other not mentioned in cost includes section

Additional Trip Information

Best Season for 8 Days Adventure Tour in Nepal

The 8-Day Adventure Tour in Nepal is an enthralling experience that can be done any time of the year, with each season bringing its distinct charm to the trip.

Spring (March-May)

Spring is the best season in Nepal. *Rhododendrons and other wildflowers adorn the landscapes in a riot of color in Nepal throughout the spring.* The warm temperature throughout this season makes it ideal for city visits and jungle safaris. The lively flora enhances the stunning beauty of Pokhara and Chitwan, giving a magnificent background for your exploration.

Furthermore, spring is the ideal season for outdoor lovers. Clear sky and pleasant weather make paragliding, bungee jumping, hot air balloon excursions in Pokhara, and river rafting in Trishuli more enjoyable.

Autumn (September-November)

Autumn is another ideal season for the **8-Day Adventure Tour in Nepal**. The weather is pleasant, allowing you amazing views of the Himalayan peaks. This is especially advantageous on the Annapurna Base Camp heli trip, which offers stunning vistas of the snow-capped mountains from Pokhara. The autumn season is perfect for city vistas in Kathmandu and Pokhara.

It allows you to experience cultural icons and natural wonders in comfortable weather. The Autumn season also enhances animal encounters in Chitwan, making it an excellent time for a jungle safari.

Accommodation Of Adventure Tour in Nepal

During the 8-day Adventure Tour in Nepal, you will be accommodated in carefully chosen excellent hotels, giving a comfortable stay on a twin-sharing basis and a bed-and-breakfast plan. This means you'll get a large room with a twin-sharing setup that lets you enjoy your trip with a travel buddy. The hotels you've chosen include contemporary facilities, such as personal bathroom showers, to ensure a pleasant and convenient stay.

Furthermore, the inclusion of Wi-Fi services allows you to keep in touch with the outside world and share your unique activities with friends and families. *One significant benefit is including a daily breakfast as part of the package, which ensures a healthy start to each day of travel.* The selection for your stay seeks to provide not just comfort and convenience but also a great experience that adds to the overall excitement of your journey in Nepal.

Activities During 8 Days Adventure Tour in Nepal

On your 8-day trip to Nepal, you'll find many exciting things to do, especially in Pokhara. Here are some fun things you can do:

- **Paragliding:** Feel like a bird as you soar with a parachute. You can enjoy amazing views and an exciting ride.
- **Bungy Jumping:** Jump off a tall structure with an elastic cord tied to your ankles. It's a thrilling free-fall that will get your heart racing.
- **Hot Air Balloon Ride:** Float gently in a hot air balloon above the landscapes. You can see panoramic views from the sky.
- **ATV Ride:** Ride an All-Terrain Vehicle (ATV) through rough terrain, dirt trails, and beautiful landscapes. It's a fun off-road adventure.
- **Annapurna Base Camp Tour:** You can take a helicopter ride to the base camp of Mount Annapurna, one of the highest peaks in the Himalayas. Fly over forests, villages, rivers, and fields, all in a few hours at a great price.

These activities offer a mix of thrills, breathtaking views, and exploration. Whether you want an adrenaline rush or a peaceful adventure, there's something for everyone to enjoy and make your trip unforgettable.

Travel Insurance

Before heading to Nepal for your **8-day Adventure Tour**, have suitable travel insurance. It's important because it helps protect you financially and gives you peace of mind if something unexpected happens during the trip.

You can experience many different landscapes and adventurous activities in Nepal, so having travel insurance is especially important. It would help to have a policy covering medical emergencies, trip cancellations, delays, and lost baggage. *Since Nepal offers exciting activities like trekking, paragliding, and river rafting, ensuring your insurance covers there is also a good idea.*

Good travel insurance means your trip is protected, and you'll have help if something goes wrong. Before you go, read your policy details to ensure you're fully covered for your whole adventure in Nepal.

Frequently Asked Questions

What are some popular adventure activities to do in Nepal?

Some popular activities in Nepal are paragliding, zip lining, swinging, whitewater rafting, canoeing, jungle safaris, bungee jumping, trekking, hiking, and mountain expeditions.

How long does it take to visit Nepal?

The time it takes to visit Nepal can vary depending on what you want to see and do. For a basic trip to explore major highlights like Kathmandu, Pokhara and a trek in the Himalayas, you might need about 7 to 14 days.

How difficult are the trekking routes in Nepal?

Trekking routes in Nepal range from easy to complex. Nepal is a mountainous country with many trekking options, from short one-day hikes to months-long treks.

Can I rent equipment for adventure activities in Nepal, or should I bring my own?

Yes, you can rent almost all kinds of equipment for adventure activities in Nepal. But make sure to check on your requirements and whether they are available for rent.

Is it safe to go trekking in Nepal equipment?

Yes, It is very safe in Nepal to go trekking. There are [accommodation](#) facilities and all the essential amenities required on a trek. Moreover, the welcoming nature of the Nepalese and warm hospitality make the country safe for trekking.

Address

Naata Travel and Adventures Pvt. Ltd.

Kathmandu, Nepal