



## Everest Classic Trek

URL: <https://naatatravels.com/trip/everest-classic-trek/>

### Duration

19 Days

### Per Person Cost

USD 2050

### Difficulty

Strenuous

### Group Size

2-16

### Maximum Elevation

5555 meters

### Accommodation

3-star hotel in Kathmandu and teahouses accommodation during the trek

### arrival\_on

Kathmandu

### Meals

Breakfast in Kathmandu and all meals during the trek

### Departure

Kathmandu

### Trip Route

Nepal

## Trip Overview

Everest classic trek needless to say is one the most popular high altitude trekking routes in Nepal. This trek to the foot of the World's tallest peak is a boast worthy experience in itself as the base camp sits at 5400 meters.

Filled with the stupendous panorama of mountains and the endearing Sherpa settlement, the trail elevates up the Dudh Koshi valley to Namche Bazaar to Kala Patthar (5555m)- the towering point of our trek. For an adventure enthusiasts no place could be better than this. Along the trail we reach Tengboche Monastery which is the highest monastery in Khumbu region. We also come adjacent to four of the world's six tallest peaks: Mt Everest, Mt Lhotse, Mt Makalu and Cho- Oyu. There will be a day hike to Nagkartshang Peak.

### The journey

Everest Classic Trek starts from visiting the UNESCO world heritage sites in Kathmandu but the 13 day trek will kick off from Lukla; the gateway to Everest which will guarantee you chill while landing on the narrow airstrip on a cliff. After reaching Base Camp (5365m) and trekking Kala Patthar, we return at leisurely pace back to Namche and finally to Lukla for our return flight to Kathmandu.

Upon reaching our destination: The Everest Base Camp- **The mammoth Everest and other mountains ranges that stand tall before your eyes is worth way more than the tiredness in your legs.**

Trekkers who are in good shape and have little experience of trekking in high altitude can take this trip. But, for trekkers with average physical fitness, [Jiri to Everest Base Camp](#) would be the best choice. Furthermore, for more adventurous hikers who love to take up challenge, [Everest High Passes Trek](#) is an ideal choice.

### Trip Highlights

Hike to Nagkartshang Peak for accimatization

Tengboche monastery which is the highest monastery in Khumbu Region

## Trip Itinerary

### Day : Arrival in Kathmandu

Upon your arrival at the Tribhuvan International airport a representative from Naata Trek and Tours will be waiting for you at the airport displaying a playcard imprinted with your name. He/she will then transfer you to the designated hotel. In the evening we can enjoy a welcome dinner hosted by Naata Trek and Tours. During the dinner we can enjoy Nepalese cuisine which will introduce us to the country's food culture.

#### Accommodation

3-star hotel

#### Meals:

Dinner

#### Altitude:

1350 meters

### Day 11 hours: Drive from Kathmandu to Salleri

We start off our tour with an early morning drive to Salleri which can take us about 11 hours. It's a newly constructed road which will be named the Everest Highway and will be connected to Chaurikharka.

#### Accommodation

Teahouse

#### Meals:

Breakfast, lunch and dinner

#### Altitude:

2300 meters

### Day : Drive to Nunthala and trek to Paiyun

We continue our drive today and it is mostly off road. The roads are quite a bit tricky and you may have to get off the jeep and walk a few meters if necessary. After we reach Nunthala we start our trek up to Paiyun. We start off going down to the Dudh Koshi River. We can view mountain peaks such as Number, Pikey etc while on the trail.

**Time:**

5 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

2440 meters

**Day : Trek to Phakding**

We have our early morning breakfast and start our descent to Surkhe village which is an hour or so from Lukla. The trail is mostly windy as we reach Choplung. Once we reach Choplung we will join the trail that goes from Lukla to Everest Base Camp. We walk a few easy hours to reach the village of Phakding where we stay the night.

**Time:**

6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

2610 meters

**Day : Phakding to Namche Bazaar**

After having our breakfast we continue our trail which passes through a pine forest and goes through Benkar valley. We cross Dudh Koshi river and after passing through the village of Chumoa and Monjo, we reach the entrance of Everest National Park. The trail then ascends steeply and after ascending for a while we reach Namche Bazaar which is the biggest town of Everest region. We stay the night in Namche Bazaar.

**Time:**

5-6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

3448 meters

**Day : Namche Bazaar: Acclimatization**

We spend a day more in Namche Bazaar to acclimatize to the high elevation and the thinning air. We take a tour of the town which has everything in its locker like ATMs, internet cafes, restaurants, government offices etc. We also take a tour of Sagarmatha National Park and enjoy the views of Mt. Everest, Lhotse, Nuptse, Ama Dablam, Thamserku, Kongde and many more. We also visit the Hillary School and monastery nearby which houses a yeti scalp. We can also hike to Khumjung village if time permits. We stay the night in Namche Bazaar.

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

3448 meters

**Day : Namche Bazaar to Tengboche**

We have an early morning breakfast and start the trek with the well known descend to Dudh Koshi River and the equally impressive ascent through rhododendron forests to Tengboche. We can get clear views of Mount Everest, Lhotse, Nuptse, Ama Dablam, Thamserku while descending to Dudh Koshi River. Once we reach Tengboche we visit Tengboche monastery which happens to be the largest monastery in the Everest region. We stay the night in Tengboche. We stay the night in Tengboche.

**Time:**

5-6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

3870 meters

**Day : Tengboche to Dingboche**

Today we descend through a forest of birch, conifers and rhododendrons with the views Mt. Everest, Lhotse and Ama Dablam to give us company. The trail then dives into Imja River and takes us to Pangboche. We ascend to upper Pangboche where there is Pangboche Monaster. The trail leads us to Imja Valley, Lobuche River and climbs upto Dingboche. We stay the night in Dingboche.

**Time:**

5-6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

4360 meters

**Day : Acclimatization hike to Nangkartshang Peak**

Today we take a day off to acclimatize to the thinning air and high altitude. It is vital to let the body get used up to the surroundings. We hike up to Nangkartshang peak which lies just above Dingboche. It is also a great viewpoint from where we can view the striking Ama Dablam. If the weather permits we can see Ama Dablam from head toe. We can also use this day by touring the surrounding villages.

**Time:**

4-5 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

5083 meters

## Day : Trek to Lobuche

We continue the trail that leads to the lateral moraine of Khumbu Glacier and pass by stone memorials dedicated to the climbers who have lost their lives doing expeditions. We continue our climb and head towards Lobuche which is situated at the foot of Lobuche peak. We stay the night in Lobuche.

**Time:**

5 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

4910 meters

## Day : Trek to Everest Base Camp and back to Gorakshep

Today we have a difficult day ahead since we walk along the Khumbu Glacier up to Everest Base camp. This is the closest you can get to Mount Everest without actually doing expeditions. During the springtime we can see colorful tents of expedition teams against the grey surroundings. The view of the Khumbu Icefall from the base camp is quite a beautiful sight. We return Gorak Shep where we stay the night.

**Time:**

8 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

5365 meters

## Day : Morning hike upto Kala Pattar and back to Pheriche

Today is the hardest part of the trek and to our content it is the most rewarding as well. We start early and start our climb of Kala Patthar which is a small peak at 5,555m. The ascent is quite steep but we will be rewarded by spectacular views of Mount Everest which towers before us at 8,848m. Alongside Everest we will also be surrounded by peaks such as Nuptse, Lhotse, Chagatse, Pumori and many others. We do a short descent back to Gorak Shep to have our lunch and trek back to Pherice where we stay the night.

**Time:**

7 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

5555 meters

## Day : Trek to Namche Bazaar

We leave the majestic mountains behind us and descend to Namche Bazaar through Pangboche and Tengboche. It is the same trail that we ascended but the views are one to savor. We arrive Namche in the afternoon where we stay the night.

**Time:**

7 hours

**Accommodation**

Teahouse

**Meals:**

Brekfast, lunch and dinner

**Altitude:**

3448 meters

## Day : Trek to Lukla

Today is the last day of trekking and we return to Lukla which was the starting point of our trek. We have plenty of time today to roam about and appreciate our personal and the team's achievements of the trek. We can have a few celebratory drinks in the evening as well. We stay the night in Lukla.

**Time:**

6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

2804 meters

## Day : Trek to Kharikhola

We continue our descent by walking down too Surkhe. The trail then goes uphill to Cheubas. We continue to climb for quite a bit and then go downhill to and reach our destination which is Khari Khola.

**Time:**

6 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

2020 meters

## Day : Trek to Nunthala

We have an early morning breakfast and take a downhill trail that takes us to Tubing. We pass through Junbesi and cross a suspension bridge over Dudh Koshi River. We then walk uphill and reach the village of Nunthala.

**Time:**

7 hours

**Accommodation**

Teahouse

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

2440 meters

**Day 11 hours: Drive to Kathmandu**

We have our breakfast early in the morning and start our long drive back to Kathmandu. The road isn't paved all the way and there will be jerky rides in some places.

**Accommodation**

3-star hotel

**Meals:**

Breakfast, lunch and dinner

**Altitude:**

1350 meters

**Day : Leisure day and farewell dinner in Kathmandu**

We have an extra day to buy souvenirs or do or see anything that you feel you have missed. We also have taken this day off in case the flight from Lukla to Kathmandu gets cancelled due to bad weather. Tonight Naata Trek and Tours will also organize a THANK YOU farewell dinner program where we can recollect all the fond memories of our trip. We can have a few drinks to lift up the celebration mood as well.

**Accommodation**

3-star hotel

**Meals:**

Breakfast and dinner

**Day : Final departure**

Our trip concludes today and a Naata Trek and Tours representative will escort you to the international airport for your departure.

**Trip Includes**

- Airport pickup and drop in a private vehicle
- 3-star hotel accommodation in Kathmandu and Teahouses accommodation during the trek
- Welcome and farewell dinner programs
- All ground transportation on a private vehicle
- An experienced, English speaking and government-licensed trek leader and assistant trek leader (4 trekkers: 1 assistant guide)
- Porter service (2 trekkers: 1 porter)

- Staff costs including salary, insurance, equipment, food and accommodation
- Down jacket and sleeping bag (to be returned after trip completion)
- Naata Travel & Adventures trekking bag, t-shirt and trekking map (which are yours to take)
- All necessary paperwork and trekking permits (TIMS)
- Medical kit (carried by your trek leader)

## **Trip Excludes**

- Nepalese visa fee
- International airfare to and from Kathmandu
- Excess baggage charges
- Extra night accommodation in Kathmandu in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
- Travel and rescue insurance
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porter, bottle or boiled water, shower, etc)
- Tips for guide(s), porter(s) and driver(s)
- All other not mentioned in cost includes section

## **Additional Trip Information**

### **Accommodations**

We will be accommodated in Kathmandu Guest House or Maya Manor Boutique or similar in Kathmandu, Himalayan Front Hotel or Water Front Resort or similar in Pokhara and teahouses during the trek. All accommodations are on twin-shared basis. However, single supplement will be served on request and an additional cost of USD 250 will be added. In Kathmandu and Pokhara, we will get luxurious rooms with attached washrooms but teahouses in some places only have shared toilet and washing facilities. We further bring to your notice that single rooms are readily available in Cities and the trekking regions in lower elevation but that might not always be the case at higher elevations.

### **Meals**

Basically, we can enjoy the authentic Nepalese food or the more common international cuisine (Tibetan, Continental, Indian etc) during the trek. Breakfast and dinner will be served from the teahouses or lodge menu where we spend the night. However, our lunch will be served on the way to our next destination. All meals will be provided during trekking while only breakfast will be available in Kathmandu and Pokhara. Apart from that, we will have a welcome and farewell celebration over dinners.

# Physical Condition & Experience Requirements

Trekking in Everest region consists of some sort of challenge. These are moderate to strenuous treks suitable for passionate walkers who have the ability to walk at least 6-7 hours a day with a light rucksack. In some days we might even have to walk for 7-8 hours. Also note that walking in higher altitudes is more physically demanding. However, if we are in perfect health with average physical fitness and the adventurous spirit, we can successfully accomplish the trek. Exercising and jogging regularly is a good idea. Past hiking experience is a jewel in the crown but no technical skill is required. We highly recommend that participants with pre-existing medical conditions such as heart, lung and blood diseases should inform Naata Travel & Adventures before booking the trek and also consulting your doctor before the trip is a good idea.

## Best Time to Travel

Spring (March to May) and Autumn (September to November) are the best months for this trip. Although this trip can be taken during winter, the cold temperature might not be suitable for everyone.

## Address

**Naata Travel and Adventures Pvt. Ltd.**  
Kathmandu, Nepal