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Everest Luxury Trek

URL: <https://naatatravels.com/trip/everest-luxury-trek/>

Duration

15 Days

Per Person Cost

USD 2890

Difficulty

Moderate

Group Size

1-16

Maximum Elevation

5380 meters

Accommodation

5-star hotel in Kathmandu and luxury lodges during the trek

arrival_on

Kathmandu

Meals

Breakfast in Kathmandu and all meals during the trek

Departure

Kathmandu

Trip Route

Nepal

Everest Luxury Trek Highlights

Luxury trek offering stays at the best possible lodges.

Base camp of the worlds tallest peak, Mt. Everest.

Kala Patthar, highest point of the trek at 5,555 meters.

Namche Bazaar, the tourist hub at an impressive 3,440 meters.

Tengboche monastery, the biggest monastery in the Khumbu region.

Enjoy magnificent views of peaks such as Mt. Everest, Mt. Lhotse, Mt. Makalu and Cho Oyu.

Trip Overview

Treks in Nepal usually include accommodation in lodges with basic facilities. However, the Everest luxury trek consists of the best possible accommodation. This trek ensures that the trekkers experience the raw beauty of the trail of the Himalayas without compromising comfort and elegance. From accommodations in premium lodges to personalized services, this trek is catered to those who want to experience the thrill of the Everest region while enjoying world-class amenities. Whether gazing at the snow-white peaks or relaxing at your premium lodge, this trek ensures you travel in style. Everest luxury trekking takes you to the foot of the tallest mountain in the world and face-to-face with Mt. Lhotse, Mt. Makalu, and Mt. Cho Oyu.

Our **Luxury Everest Base Camp Trek** begins with a 35-minute flight from Kathmandu to Lukla. Upon arrival in Lukla, we will trek just a few hours to reach Phakding. The next day, we continued our trek to Namche Bazaar, a bustling tourist town at an impressive 3,440 meters. The trail is made alive by musk deers, Himalayan thar, snow leopards, and pheasants. We have additional acclimatization day stops in Namche Bazaar and Dingboche. On the way to Tenboche, we quickly stop at Tengboche monastery, the biggest monastery in the Khumbu region. The trail follows to Dingboche and Lobuche, where we encounter several glacial moraines. The following day, we reach the base of the world's tallest peak, and this is the most intimate you will be with the mountain unless you want to climb it.

Everest Luxury Trek difficulty

The Everest Luxury Trek is rather long and demanding. The average walking duration is 6-7 hours each day. However, you can spend an extra day at Namche Bazaar and Dingboche to acclimate. The average walking distance is around 12 kilometers. We reach an elevation of 5,555 meters, so one needs to be decently fit to enjoy this trip fully. The higher you go, the colder it gets in the Himalayas, especially from Tengboche, so make sure you carry ample clothes to take on the chilly cold.

Difference between Everest Luxury Trek and Everest Base Camp Trek

The Everest luxury trek and the Everest base camp trek take you to the foot of the tallest mountain in the world. The trail leading to the base camp for both itineraries is the same. However, you will travel in style by taking the Everest Luxury trek. In most trekking regions in Nepal, the lodges on the trail and amenities are essential. Due to the remote locations of the trekking areas in Nepal, transporting the goods is a task. Despite that, the Everest trek is one of the most popular and traveled destinations worldwide and has a few luxury offerings. So, there are luxury lodges for most of the part leading to the base camp of the world's tallest mountain.

In the [Luxury trekking](#), you will stay in the best available luxury lodges for your trip. For instance, you stay in Hotel Everest View, one of the highest places in the world, sitting at an impressive 3962 meters. Opened in 1971, the hotel has provided the best hospitality in those high mountains. But for the Everest Base Camp trek, you stay in the teahouses available throughout the trail. If you want more of a raw experience and want to see the lifestyle of the Sherpa people, you can opt for the Everest Base Camp teahouse trek. Not to be misunderstood, these teahouses also provide you with all the basic amenities and comfort that you need on the trail. But if you want a more abundant trek experience, you can opt for the Everest Luxury trek.

Food offerings during the trek

The Teahouses offer traditional food as well as some Western offerings. The menu can be very similar throughout the trek. As for local offerings, you can have Tibetan bread with potatoes, Dal Bhat (rice, lentils, and curry), momos (dumplings), and Thukpas (noodle soup), among others. But you will also be offered omelets, pancakes, toast, noodles, and others.

Guides and porters for the trek

The guides placed for the [Everest Base camp trek](#) will be government-licensed. And are seasoned professionals with proper know-how of the trail. In addition, they are well equipped with basic first aid kits and other essential medications that can come in handy in high altitudes. Most of the porters also hail from the very same Khumbu region and will meet the guests from Lukla. We follow the tourism board's guidelines for the load one porter can carry.

Best time to trek in the Everest Region

March to May

March to May is an excellent time to trek in Nepal. It is the pre-monsoon season in Nepal, and you can find the flowers in full bloom. You can mostly see Rhododendrons on your trails. The daytime brings moderate temperatures, but the nights and mornings are usually cold and chilly. The temperature can reach -10 degrees Celsius at night, so you should carry ample warm clothes.

September to November

This is the busiest time of the year to trek in the Everest Region. The vegetation is lush green during this time of the year as it falls right after monsoon. The rain washes the dust away; thus, the sky is as clear as possible and offers splendid views of the snow-capped peaks. The trails are crowded during this time of the year, so if you prefer solitude while trekking, consider late autumn or early winter.

Trip Itinerary

Day : Arrival in Kathmandu

Upon your arrival at the Tribhuvan International airport a representative from Naata Trek and Tours will be waiting for you at the airport displaying a playcard imprinted with your name. He/she will then transfer you to the designated hotel. In the evening we can enjoy a welcome dinner hosted by Naata Trek and Tours. During the dinner we can enjoy Nepalese cuisine which will introduce us to the country's food culture.

Accommodation

5-star hotel

Meals:

Dinner

Altitude:

1400 meters

Day : Kathmandu Sightseeing

We will have a pre trip meeting after breakfast where you will be introduced to your Guide. During the meeting you can assure yourself with any queries regarding the trip.

We visit Boudhanath Stupa, one of the biggest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. After Boudhanath Stupa we visit Pashupatinath Temple, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Here we see Hindu holy men (sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. We will also visit Bhaktapur Durbar Square, which is a collection of pagoda and shikhara-style temples grouped around a fifty-five window palace of brick and wood. The attraction of the Bhaktapur Durbar Square is the Lion gate, the Golden gate, the Palace of Fifty-Five Windows, art galleries, the Statue of King Bhupatindra Malla.

Accommodation

5-star hotel

Meals:

Dinner

Altitude:

1400 meters

Day : Fly to Lukla and Trek to Phakding

We take an early morning flight to Lukla which is where all Everest treks begin. After we land in Lukla we meet the rest of the team including our porters and get set for the trek. We walk on a trail that gradually descends to Cheplung village from where we can get a brief view of Mt. Khumbila. It is a sacred mountain that has never been climbed. From here on we gradually descend until Phakding.

Time:

3-4 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

2651 meters

Day : Trek to Namche Bazaar

After having our breakfast we continue our trail which passes through a pine forest and goes through Benkar valley. We cross Dudh Koshi river and after passing through the village of Chumoa and monjo, we reach the entrance of Everest National Park. The trail then ascends steeply and after ascending for a while we reach Namche Bazaar which is the biggest town of Everest region. We stay the night in Namche Bazaar.

Time:

4-5 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

3448 meters

Day : Namche Bazaar Acclimatization

We spend a day more in Namche Bazaar to acclimatize to the high elevation and the thinning air. We take a tour of the town which has everything in its locker like ATMs, internet cafes, restaurants, government offices etc. We also take a tour of Sagarmatha National park and enjoy the views of Mt. Everest Lhotse, Nuptse, Ama Dablam, Thamserku, Kongde and many more. We also visit the Hillary School and monastery nearby which houses a yeti scalp. We can also hike to Khumjung village if time permits. We stay the night in Namche bazaar.

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

3448 meters

Day : Namche Bazaar to Deboche

We have our breakfast and start the trail to Pangboche whilst enjoying the beautiful sight of Mt. Everest, Lhotse, Ama dablam and a close range view of Thamserku. We climb on a gradual trail with ups and downs and we can locate wild animals like musk deers and pheasants after which we reach Kayangjuma. We then reach Sansa; a major trail which acts as a junction to [Gokyo valley](#) and Everest Base Camp. We enter a forest section of Pine trees and cross a bridge engulfed in prayer flags over Dudh Koshi River to reach Phunki Thenga. It is a small settlement with a number of teahouses and a small army post. We have lunch in Phunki Thenga and start a steep climb that goes into pine forests till we reach Tengboche. From Tengboche we can see clear views of Ama-Dablam, Nuptse and Everest. Tengboche. There is a monastery in Tengboche which happens to be the biggest monastery of the Khumbu region. We walk into rhododendron forests and after we walk an hour more we reach Deboche. We stay the night in hotel Robonder.

Time:

5-6 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

3220 meters

Day : Trek to Dingboche

After an early morning breakfast we walk past chortens, mani walls and through small villages. We have our lunch under the towering Ama Dablam. We either head east under the north face Ama Dablam or head north towards periche. The walk is generally mild as we reach Inja Valley. As we reach Lobuche River the valley opens up. Then, we descend further into the river and we head for a steep climb up to Dingboche. Dingboche is a beautiful village with a series of fields flanked by stone walls to protect barley, buckwheat and potatoes from cold winds and grazing animals. We stay the night in Dingboche.

Time:

4-5 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

4360 meters

Day : Trek to Duglha

We set off through the Khumbu Khola valley to reach Duglha. The trail along the drab fields presents us with views of mountains on all sides. The valley begins to narrow as we reach a yak herding area called Dusa. We continue through Phulung Karpo which was the campsite during the first successful attempt to climb [Mount Everest](#) in 1953. Over Phulung Karpo is Chola Lake. As we continue our trek towards Mt. Pumori (7138m) the trail drops and we come across a roaring stream. We cross a small wooden bridge and ascend to Dugla. We can view Nuptse peeking behind hills as well as Cholatse, Thamserku and many other peaks. The night in Dugla helps to acclimatize. We stay the night in Dugla.

Time:

3-4 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

4360 meters

Day : Trek to Lobuche

We trek up the steep moraine of the Khumbu Glacier. We ascend to Chupli Lhara which is an uncanny ridge with amazing mountain views. On top of the ridge there are prayer flags and stones used as memorials to Scott Fischer (American mountaineer) and a 10-time submitter Babu Chiri Sherpa (nepali mountain guide) who gave their life in the pursuit of climbing Everest. The trail again drops to Khumbu Glacier moraine and come across a number of peaks in Khumbutse, Lingtren, Pumori and Mahalangur Himal. Although we are close to Everest it is still hidden. We trek along a stream and walk a bit more to reach Lobuche. We stay the night in Lobuche.

Time:

2-3 hours

Accommodation

Luxury resort

Meals:

Breakfast, Lunch and Dinner

Altitude:

4940 meters

Day : Lobuche to Gorak Shep, visit Everest Base Camp

We start the day walking past the moraine and can slowly see the north ridge of Everest along with other mountains such as Mt. Pumori, Mahalangur, Lingtren, Khumbutse and Nuptse. We do a moderate climb to Thangma Ri from where we can have a 360 degree view of mountains. We do a steep climb and through the Changri Glacier we get our first glance of Kala Patthar. Once we reach Gorak Shep, we will

be surrounded by snow-capped mountains towering above us and the mighty Mount Everest. We take the trail to Gorak Shep which and come across Indian army mountaineers' memorials. Once we reach the base camp there will be colorful tents on grey surroundings (during spring). We visit Kala Patthar during the evening to see the sunset view and view the snow capped mountains turn gold as the sun falls on them. We stay the night in Gorak Shep.

Time:

3-4 hours

Accommodation

Luxury resort

Meals:

Breakfast, lunch and dinner

Altitude:

5380 meters

Day : Gorak Shep to Kala Patthar to Pheriche

Today is the best part of our trip. We start at dawn to witness the breath taking views of the sun kissed Mount Everest from Kala Patthar. Familiar peaks such as Lingtren, Khumbutse, Changtse tower to the east even as Everest begins to reveal itself emerging between the west shoulder crest and Nuptse. During the ascent to Kala Patthar we can pause to catch our breath at several outstanding view points to snap pictures. After several hours of ascent, we reach Kala Patthar. From here, we scramble to climb the rocky outcrop near to the summit marked by cairns and prayer flags. As we reach the top, we sit on the Kala Patthar rocks and our eyes take in the unbelievable Himalayan Panorama, wandering from one mighty massif to another. We take as many pictures as we possibly can with our camera so they can last a lifetime.

Time:

8-9 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4380 meters

Day : Trek from Pheriche to Namche Bazaar

At this moment of time, we trek down through the hillside blanketed by rhododendron and juniper trees. If it is spring, pink and red rhododendron flowers ablaze our surroundings. Depending on our hunger and condition, we either have our lunch in Pangboche or wait until we reach Phunki Tenga. After crossing the prayer-flag festooned bridge over the Dudh Koshi River, the trail then follows the Dudh Koshi gorge descending rapidly through the pine forests. The path leads to a junction in Sansa, we walk on steep slopes along windy paths before we reach the army camp in Namche Bazaar.

Time:

6-7 hours

Accommodation

Luxury Resort

Meals:

Breakfast, lunch and dinner

Altitude:

3448 meters

Day : Trek to Lukla

The trail descends steeply downward so we need to walk slowly and under control as our shaky legs continuously battle the rocky terrain. Upon crossing the suspension bridges over the fast flowing Dudh Koshi and its tributaries, the trail becomes more level and natural. We walk retrace our steps into the rhododendron forests and pass through Sherpa villages before we reach Lukla.

Time:

5-6 hours

Accommodation

Luxury Resort

Meals:

Breakfast, lunch and dinner

Altitude:

2800 meters

Day : Fly to Kathmandu

Early morning we board the scenic domestic flight back to Kathmandu. We have rest of the to relax and do some souvenir shopping. Later in the evening Naata Trek and Tours will organize a THANK YOU farewell dinner program to celebrate the accomplishment of our trek.

Accommodation

5-star hotel

Meals:

Breakfast and dinner

Altitude:

1400 meters

Day : Departure

Today marks the last day of our trip. A representative from Naata Trek and Tours will drive you to the Trivuvan International Airport on a private vehicle for your departure.

Trip Includes

- Airport pickup and drop in a private vehicle
- 5-star hotel accommodation in Kathmandu and luxury lodges accommodation during the trek
- Welcome and farewell dinner programs
- All ground transportation on a private vehicle
- Domestic flights (Kathmandu-Lukla-Kathmandu)
- Guided city tour of Kathmandu in a private vehicle
- Entrance fees for sightseeing
- An experienced, English speaking and government-licensed trek leader and assistant trek leader (4 trekkers: 1 assistant guide)
- Porter service (2 trekkers: 1 porter)
- Staff costs including salary, insurance, equipment, food and accommodation

- Down jacket and sleeping bag (to be returned after trip completion)
- Naata Trek and Tour's trekking bag, t-shirt and trekking map (which are yours to take)
- All necessary paperwork and trekking permits
- Medical kit (carried by your trek leader)

Trip Excludes

- Nepalese visa fee (Bring accurate USD cash and two passport size photographs)
- International airfare to and from Kathmandu
- Excess baggage charges
- Extra night accommodation in Kathmandu in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
- Travel and rescue insurance
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porter, bottle or boiled water, shower, etc)
- Tips for guide(s), porter(s) and driver(s)
- All other not mentioned in cost includes section

Additional Trip Information

Accommodation During Everest Luxury Trek

You stay in lodges such as Panorama lodge in Namche Bazaar, Rivendell lodge in Debuche and Everest View hotel. These are the best resorts and lodges you can find on your way to Everest Base Camp and will make sure that you trek in the utmost comfort in the lap of the Himalayas. The lodges usually offer indoor firewood heating in the dining area



where the

visitors gather up to beat the cold. It is pleasant to gather up around the stove and enjoy after a hard walk during the day. You will be offered mostly local cuisines but as you will be staying in great lodges, you have a choice of foreign cuisines as well. You will be charged extra for hot shower, Wi-Fi and charging facilities as you reach near the base camp. This is due to the remoteness of the region.

Frequently Asked Questions

How much does the Everest Base Camp Luxury Trek cost?

The Everest Base Camp luxury trek costs vary based on group size. For eight people, it's about \$2,097 per person. If you're in a smaller group of 2-3, the cost is \$2,225 per person. Solo trekkers might pay more, around \$2,995 in total.

How expensive is EBC Trek?

The cost of the EBC Trek can vary depending on several factors, such as the trekking season, group size, and the level of services chosen. A standard EBC trek typically ranges from \$1,200 to \$2,000 per person.

Is Everest trek hard?

The trek to Everest Base Camp is not very difficult or dangerous on its own. However, it can become risky without a well-planned schedule and a good guide. A good guide helps ensure you have enough rest days to get used to the high [altitude](#) and can spot signs of sickness early.

How much does it cost to go to Everest Base Camp for Nepali?

Going to Everest Base Camp for Nepali costs around NPR 60,000 to NPR 120,000 per person. It depends on the level of service and comfort. The prices may fluctuate, but you can negotiate with trekking companies and tea houses.

Is Everest Base Camp trek for beginners?

Everest Base Camp is suitable for anyone over 12 years old. You don't need to be an expert climber or have an athletic body, but you should have a basic fitness level. During the trek, you must hike for six to seven hours daily.

Can you climb Everest for cheap?

Climbing Everest is generally expensive, but you can reduce costs by joining a budget expedition, hiring guides, and choosing essential services. While it's possible to climb for less, cheaper trips might have fewer safety measures and comforts.

Do people lose weight on EBC trek?

Yes, people often lose weight on the Everest Base Camp trek. The trek involves long days of walking on challenging terrain, which burns many calories. The high altitude makes the body work harder and can

reduce appetite, leading to less food intake.

Is Everest Base Camp worth it?

Yes, the Everest Base Camp trek is worth it for many people. It offers stunning views of the Himalayas, including Mount Everest, and gives you a chance to experience the unique culture of the local Sherpa people.

How many days to complete EBC?

It takes around 12 to 14 days to complete EBC. This includes flying from Kathmandu to Lukla, trekking through villages like Namche Bazaar, and gradually ascending to Everest Base Camp. The return journey follows a similar route, allowing for acclimatization and taking in the breathtaking Himalayan scenery.

Why is Mount Everest so expensive?

Climbing Mount Everest is expensive because it requires extensive planning, high-quality equipment, skilled guides, and experienced Sherpas. The high altitude makes it risky, so safety measures like oxygen and medical support cost extra.

Do Sherpas climb Everest without oxygen?

Yes, some Sherpas have climbed Everest without using supplemental oxygen. Sherpas are experienced climbers who have adapted to high altitudes while living in the Himalayas. Some Sherpas have the natural ability and experience to climb without oxygen.

How much is helicopter to Everest Base Camp?

[Everest Base Camp helicopter tour](#) costs \$6,500. If you have a larger group or more weight, the cost for a double shuttle is \$7,500 per trip.

How long is the helicopter ride from Kathmandu to Everest Base Camp?

The flight from Kathmandu to Lukla takes about 40 - 45 minutes. After a short break of 10 - 15 minutes in Lukla, it takes another 40 minutes, including landing time, to reach Base Camp and Kalapathhar.

Is Everest Base Camp crowded?

Yes, Everest Base Camp can be crowded during the peak trekking seasons of spring (March to May) and autumn (September to November). These are the most popular times for trekkers due to favorable weather conditions.

How much do Everest guides get paid?

While Western guides can earn around \$50,000 or more, Sherpas typically earn between \$2,000 to \$5,000 per season, with additional bonuses if they successfully reach the summit. The amounts depend on their experience, role, and the expedition company they work for.

Address

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