



Muktinath Adventure Tour

URL: <https://naatatravels.com/trip/muktinath-adventure-tour/>

Duration	Per Person Cost	Group Size
10 Days	USD 1480	1-16
Maximum Elevation	Accommodation	arrival_on
3710 meters	3-star hotel in Kathmandu and Teahouses during the trek	Kathmandu
Meals	Departure	Trip Route
Breakfast in Kathmandu and all meals during the trek	Kathmandu	Nepal

Trip Includes

A visit to the holy temple of Muktinath, sacred to both Hindus and Buddhists.

It is an Overlanding trip with excellent views all along.

A night stay at Pokhara, a popular tourist hotspot for trekkers traveling to Nepal.

Tatopani is a place well known for its natural hot springs.

Sunrise view from the popular Sarangkot viewpoint.

Marpha is a place renowned for the production of apples and local brandy.

Trip Overview

'A motorcycle trip to Muktinath' instantly shouts 'adventure' to all Nepalese and foreigners who have been there before. From lush green vegetation to a moonscape where the altitude dictates our pace, Muktinath no doubt feels worlds apart.

Muktinath, a sacred place for both Hindus and Buddhists alike, lies in the Muktinath valley and on the lap of one of the most treacherous passes in Nepal -Thorong La Pass. For Hindus, it is the place of Salvation and liberation; Buddhists believe that the founder of Tibetan Buddhism,' Guru Rimpoche,' also known as Padmasambhava, meditated here on his way to Tibet.

Muktinath is located in the northern part of the Annapurna region of Nepal; this Himalayan odyssey has much to offer. One of the famous pilgrimage tours in Nepal is a temple dedicated to lord Vishnu. This temple is the best Muktinath has to offer. The Muktinath temple also has 108 sacred waterspouts where pilgrims take a ritual bath. Although, unlike the other regions in Annapurna, the mountain view is still quite a sight. Of all the tours in Muktinath and places in Nepal, a journey to the Forbidden Kingdom on a motorcycle is filled with natural beauty and adventure like any other trekking adventure Nepal offers.

Our journey starts in the lake city of Pokhara, passes through the Thakali village of Marpha, and ends at Muktinath, the gateway to the only remaining forbidden kingdom in Nepal, [Lo Manthang](#).

<https://youtube.com/shorts/zuD8ayQ-Qww?si=wMqTIWAj8Jraj6OM>

Trip Itinerary

Day : Arrival in Kathmandu

Upon your arrival at Kathmandu at Tribhuvan International Airport, a representative from Naata Trek and Tours will be waiting for you at the airport displaying a play card imprinted with your name. They will then transfer you to the designated hotel. In the evening, we can enjoy a welcome dinner hosted by Naata Trek and Tours. We can enjoy Nepalese cuisine during the dinner, which will introduce us to the country's food culture.

Accommodation	Meals:	Altitude:
3-star hotel	Dinner	1400 meters

Day 5-6 hours: Ride to Pokhara

We start from Kathmandu Valley and begin our quest to Muktinath with a scenic ride to Pokhara, which is characterized by green rolling hills and rivers. Pokhara is a famous lake city 200 km from Kathmandu and is the gateway to several famous trekking trails. We can enjoy the evening in the lakeside tourist hub and enjoy a drink or two.

Accommodation	Meals:	Altitude:
3-star hotel	Breakfast	850 meters

Day 5-6 hours: Pokhara to Baglung via Sarangkot

We head out early in the morning and ride up to the hill station of Sarangkot, which provides premium views of the Annapurna range and has a paragliding launch site. We continue towards Baglung, where we cross the longest suspension bridge in Nepal and visit a sacred Hindu temple. We stayed the night in Baglung.

Accommodation

Teahouse

Meals:

Breakfast, lunch and dinner

Altitude:

1020 meters

Day 6-7 hours: Baglung to Lete

We started to cruise from 1000 to 3000 meters and can point it out with the change in landscapes. We bid our farewell to the forested area and enter the land of the mountains. We stay the night in Lete.

Accommodation

Teahouse

Meals:

Breakfast, lunch and dinner

Altitude:

2780 meters

Day 5-6 hours: Lete to Kagbeni

We climb further into the region where little vegetation grows, the rivers are never more furious, and glaciers sit on the lap of mountains. The landscape is enchanting enough to take your eye off treacherous roads. We stay the night here in this age-old Tibetan village distinguished by stone houses and narrow alleys.

Accommodation

Teahouse

Meals:

Breakfast, lunch and dinner

Altitude:

2804 meters

Day 5-6 hours: Kagbeni to Muktinath via Muktinath

The ride from Jomsom to Muktinath is filled with adventure. We reached the highest point of our ride, Muktinath, at 3710 meters, which is also the final destination of our trip. We take the route that passes by the ancient Buddhist monastery. We make a short visit to Muktinath, an important pilgrimage site for both Hindus and Buddhists alike. We can enjoy yak steaks for lunch before heading down to the famous Thakali village of Marpha, where we stay the night.

Accommodation

Teahouse

Meals:

Breakfast, lunch and dinner

Altitude:

3710 meters

Day 5-6 hours: Marpha to Tatopani

We continue further down to the village of Tatopani, a place famous for its natural hot springs. As we descend further down, the vegetation turns green again, and the climate also warms up. We stayed the night in Tatopani.

Accommodation

Tea house

Meals:

Breakfast, lunch and dinner

Altitude:

1190 meters

Day 5-6 hours: Tatopani to Pokhara

Today, as we hit paved roads again, we head back to Pokhara. It is quite a contrast to the place we left behind, but nevertheless, a beautiful lake city it is. We have the rest of the day to relax on the lakeside and have a drink or two to celebrate the successful completion of the trip.

Accommodation

3-star hotel

Meals:

Breakfast, lunch and dinner

Altitude:

850 meters

Day 5-6 hours: Pokhara to Kathmandu

We drive back to Kathmandu today, and we will feel nostalgic, but we will no doubt ride with a grin on our faces.

In the evening, Naata Trek and Tours will organize a farewell dinner program to celebrate our successful adventure.

Accommodation

3-star hotel

Meals:

Breakfast and dinner

Altitude:

1400 meters

Day : Departure

Today is the last day of our trip. A Naata Trek and Tours representative will escort you to the international airport for your departure.

Trip Includes

- Airport pickup and drop in a private vehicle
- 3-star hotel accommodation in Kathmandu and Pokhara with breakfast Teahouses accommodation during the ride

- Welcome and farewell dinner programs
- An experienced, English speaking and government-licensed ride leader and mechanic
- Motorcycle with panniers and fuel
- Support Jeep and riding gear (if required)
- ACAP and TIMS permit
- Medical Kit and Satellite phone

Trip Excludes

- Nepalese visa fee (Bring accurate USD cash and two passport size photographs)
- International airfare to and from Kathmandu
- Excess baggage charges
- Extra night accommodation in Kathmandu and Pokhara in case of early arrival, late departure, and early return from the mountain (due to any reason) than the scheduled itinerary
- Travel and rescue insurance
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porter, bottle or boiled water, shower, etc)
- All other not mentioned in cost includes section

Additional Trip Information

Attraction of Muktinath Tour

There are plenty of attractions on the Muktinath Tour. For one, the temple is the second most significant temple to Hindus after Pashupatinath in Nepal. It is also sacred to Buddhists. The temple attracts thousands of pilgrim visitors from all over the world to the Muktinath yatra. To top it off, the views of 8,000-meter peaks such as Annapurna and Dhaulagiri make the tour aesthetically pleasing.

How to go to Muktinath temple?

There are several ways to reach Muktinath temple. You can tour Kathmandu by car or fly from Kathmandu to Pokhara. You can either opt for the Muktinath trek or drive to Muktinath on a jeep tour. If you have limited time, a Muktinath helicopter tour can be another option.

Why to Travel With Us?

Naata Travel & Adventures is a government-licensed travel agency that has been providing its services all over Nepal for the last decade. Furthermore, with our fleet of vehicles, we can ensure an overlanding package with good-conditioned cars and experienced drivers. Your safety and well-being is a top priority for Naata Travel & Adventures.

What Can You Expect from the Muktinath Adventure Tour?

Muktinath tour package differs from treks in the region in many ways. In this tour, you will pass through a range of vegetation, from lush green forests in the capital of Mustang, Jomsom, to the mountain deserts of Muktinath temple. You will pass by the Kali Gandaki River, which forms the Kali Gandaki Gorge, one of the deepest gorges in the world. Furthermore, you can enjoy panoramic views of the valley and the Himalayas.

Preparation for Muktinath Darshan by Jeep

You don't need to prepare much for Muktinath Darshan by Jeep. As you travel in a vehicle, you won't require any trekking gear, such as poles, crampons, or boots. However, since Mustang is a cold region, you should carry warm clothes and wind protectors, as the place is known for its wind gusts.

Useful Information

Best Season to visit Muktinath

The best seasons to visit Mustang are spring (March to May) and autumn (September to November). Spring falls right after winter, and the weather is quite pleasant. As the Mustang region is quite arid after you pass Jomsom, you may not see a lot of colorful flowers on the way, but the weather is fine as it can be. The autumn season falls right after the monsoon, and you can see cl, energetic and vibrant.

The rain washes away most of the strain. The monsoon season is best avoided as the region is prone to landslides and worsening road conditions. The winter season is also best avoided as it brings a lot of cold wind, and the temperature can drop as low as -10 degrees. Thus, picking the time for Muktinath makes it a thrilling adventure.

Meal

Considered an upcoming and one of the best tours in Nepal, this Mustang district offers you a wide range of meal options. Unlike trek in Nepal, this region has options for food and accommodation, mainly due to the access to roads in this region. You will have a choice of local Nepali meals, typical thakali meals, and some Western offerings.

Accommodation Facility

The Muktinath pilgrimage tour is one of Nepal's most popular tours for domestic and international travelers. Thus, accommodation facilities have been improving in the region ever since. The tour offers accommodations ranging from well-maintained teahouses with all the basic facilities to some available luxury offerings. The teahouses are basic lodges with shared rooms and bathrooms but are well maintained. The luxury offerings provide the required amenities.

Difficulty Level

The difficulty level of the Muktinath motorcycle adventure is pretty demanding. En route, there is a mixture of decent roads and some demanding off-road sections, and the tour takes us to an altitude of 3762 meters. Although we traverse a total of 720 kilometers from Kathmandu to Muktinath in this renowned adventure, the difficulty of the terrain makes it feel like a bit more.

Requirements of Travel Insurance

Travel insurance is mandatory in all cases. Please pick the right insurance company with all the required coverage, such as helicopter rescue and coverage up to the elevation you are visiting.

Altitude Sickness and Remedies

Although you will not go to high elevations on this tour, as you will only visit Muktinath temple and not Upper Mustang, you must be wary of the precautions and remedies. The best way to avoid any illness due to elevation is to cover distance slowly and take ample rest. The region of the holy Muktinath temple is quite arid, and we have to ensure we are hydrated to the optimum.

Packing List, Gears, Equipment

Since Muktinath Darshan is an inland trip, so you won't need dedicated trekking gear such as poles and boots. However, it is recommended that you carry thermals, puffer jackets, comfortable trousers, woolen socks, hats, and gloves. You are also advised to carry sunshades and sunscreen since the region has gusts of wind.

Muktinath Darshan Booking Procedure

You can book the Muktinath Darsan Package directly from our website or make the payment online. You can also email or call us directly to make wire transfer payments for your advance payments. For the remainder of your payment, you can use a card (Visa, Master, or American Express). However, a 4 percent transaction fee is charged through a card.

Frequently Asked Questions

What Season is the Season Muktinath Tour?

The best seasons for a Seasonath overland tour are spring and autumn. The weather is neither hot nor cold, with clear skies and excellent views. Monsoon season is best avoided, as the hills can be prone to landslides.

How are the road conditions from Pokhara to Muktinath?

The road conditions from Pokhara to Muktinath are decent. The road is paved for the most part, but there are some rough sections as well. You will need an SUV to travel to Muktinath in comfort.

What is unique about Muktinath?

Muktinath is a sacred temple for both Hindus and Buddhists. Believed to have been built in the 19th century, it is dedicated to Lord Vishnu. There are 108 water spouts where pilgrims take ritual baths. An eternal flame that has been lit without any human intervention is believed to have been lit by the Hindu god Brahma. The temple is located at an extravagant site amidst the views of the 8000ers Annapurna and Dhaulagiri.

How far is Muktinath from Kathmandu?

The road distance between Muktinath and Kathmandu is approximately 380 kilometers, and it will take two days to reach there from Kathmandu.

How high is Muktinath above sea level?

Muktinath is located at an elevation of 3,762 meters or 12343 feet above sea level.

Is the Muktinath trek arduous?

The trek to Muktinath temple is not too challenging. Located in the rain shadow of the Himalayas, it is a relatively dry place and gets gusts of wind. Since we don't go above 4000 meters above sea level in this trek, there shouldn't be any altitude-related problems.

Is the Muktinath trek worth it?

Yes, the Muktinath trek is worth the effort. The temple's religious significance and natural beauty make it a hot spot for 2024. Mustang boasts a terrain like no other, and the fact that the temple lies on the lap of two 8,000-meter mountains makes visiting this place worth it.

Address

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