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Nepal and Bhutan Tour

URL: <https://naatatravels.com/trip/nepal-bhutan-tour/>

Duration

9 Days

Per Person Cost

USD 2210

Difficulty

Balance

Group Size

2-16

Maximum Elevation

3100 meters

Accommodation

3-4 star hotels

arrival_on

Kathmandu

Meals

Breakfast in Kathmandu and
all meals in Bhutan

Departure

Kathmandu

Trip Route

Nepal and Bhutan

Trip Includes

The vivid handicrafts of the Bhutanese artisans.

Cultural customs and traditional Landmarks of Bhutan.

Hike to Tiger's Nest through the high Dochu La Pass.

Art and Architecture of Patan and Bhaktapur.

Visit of Two scenic countries of the world.

Explore Nepal and the best places in the kingdom of Bhutan.

Trip Overview

The Nepal and Bhutan Tour is an exotic cultural trip to two wonderful South Asian nations. If not a trip of a lifetime, this nine-day tour is undoubtedly a phenomenal experience.

Though we spend more time in the Land of Thunder Dragon, Bhutan, we also visit several heritage sites and temples in Nepal. This tour begins in Kathmandu, the city that was voted no. 19 out of the top 25 destinations in the World in 2015 by Trip Advisor. While in Kathmandu, we visit several **UNESCO World Heritage Sites** and then fly to Paro, Bhutan, where we travel to many townships and tour several temples, dzongs (fortresses), and other cultural and historical landmarks. Furthermore, Bhutan will mesmerize us with its cultural and historical monuments and natural beauty as we pass through the high Dochu La Pass and hike to the enchanting Taktsang (Tiger's Nest) Monastery. Bhutan and Nepal are two wonderful Himalayan countries.

Our exciting trip to Nepal and Bhutan doesn't end here. Instead, it prolongs to discover the magic and mystery of the bustling streets, rich ancient heritage, exquisite temples, and Kathmandu's religious sites. After we fly back to Kathmandu, we visit Patan and Bhaktapur. These cities have captivated millions of eyes worldwide over the years with their rich architecture and culture. Then, we drive to Nagarkot, a renowned hill station for its sunset and sunrise views of the Himalayas, and let the experience sink in. Nepal and Bhutan are two Himalayan kingdoms that are best for Traveling. *As tourism is the primary source of economic activity for both countries, the travel agencies and tour operators are highly professional.* They also try to provide the best service. The Bhutan Nepal tour is one of the best tours that takes us to the sacred sites of Nepal and Bhutan.

Travel documents and permits are required for Bhutan Travel; you must make your entire payment three days—one week before this Nepal Bhutan tour commences.

Trip Itinerary

Day : Arrival in Kathmandu

Upon your arrival at the Tribhuvan International Airport, a representative from Naata Trek and Tours will be waiting for you at the airport, displaying a playing card imprinted with your name. He/she will then transfer you to the designated hotel. In the evening, we can enjoy a welcome dinner hosted by Naata Travels and Adventure. We can enjoy Nepalese cuisine during dinner, which introduces us to the country's food culture.

Accommodation

3-star hotel

Meals:

Dinner

Altitude:

1400 meters

Day : Kathmandu Sightseeing

After breakfast, we will have a pre-trip meeting to introduce you to your Guide. During the meeting, you can provide yourself with any queries regarding the trip.

Kathmandu Valley is well known for its heritage sites. After the pre-met, we begin our sightseeing tour, viewing the breathtaking monuments alongside our local guide.

We visit Boudhanath, one of the biggest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. After Boudhanath, we visit Pashupatinath Temple, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River.

Here, we see Hindu holy men (sadhus) meditating, pilgrims bathing, and occasionally funeral pyres burning on the ghats. We will also visit Bhaktapur Durbar Square, a collection of pagoda and shikhara-style temples grouped around a fifty-five-window palace of brick and wood. The attractions of the Bhaktapur Durbar Square are the Lion Gate, the Golden Gate, the Palace of Fifty-Five Windows, art galleries, and the Statue of King Bhupatindra Malla.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

1400 meters

Day : Fly to Paro and Paro Sightseeing

We begin our flight to Bhutan, Paro, and can enjoy amazing views of the Himalayas, including the sacred Chomolhari and Jichu Drake peaks. During your trip to Bhutan, we will have lunch and visit Rinpung Dzong. Next, we visit Kichu Lhakhang, the country's oldest temple. We then go to the Drugyal Dzong (Bhutan Victory Fort), built in 1646 to commemorate Bhutan's victory over Tibetan invaders during the 1600s. Tibet is also known as the roof of the world on a clear day. We can see Mount Chomolhari, Bhutan's second-highest mountain, at 7,314 meters.

Accommodation

Hotel

Altitude:

2250 meters

Day : Paro to Thimphu

After breakfast, we hiked for around 4 -5 hours to Taktsang (Tiger's Nest) Monastery, Bhutan's most famous monastery, at 3,180 meters. Guru Rinpoche (spiritual master) is said to have flown on the back of a tigress to meditate in a cave where Taktsang Monastery now stands. Lunch will be served in the Cafeteria Restaurant about halfway up the mountain. The monastery is perched on the edge of a cliff, about 900 meters above Paro Valley. After exploring the monastery, we hike to the valley floor and leave for Thimphu.

Time:

4-5 hours

Accommodation

Hotel

Meals:

Breakfast

Altitude:

2320 meters

Day : Hike to Wangditse Gumpa followed by sightseeing in Thimphu

In the morning, we start our guided tour by driving to BBS Tower and then hiking for an hour to Wangditse Gumpa on the leveled trail with a great view of Tashichho Dzong. We also get a fantastic view of the Samtenling Palace, home to the Fourth King and Dorje Drak meditation retreat on the hillside above. After touring the Gumpa, we return to Thimphu. On the way, visit the mini Zoo to see the Takin, the national animal of Bhutan. After lunch, we visit the nunnery temple, the King's Memorial Chorten (built in memory of the third King of Bhutan, who reigned from 1952 to 1972).

The National Library (which houses ancient manuscripts) and the National Institute of Traditional Medicine. We may also visit the Textile Museum, the Handicraft Emporium, the traditional paper factory, and the majestic Tashichho Dzong. In the evening, we enjoy strolling in the streets of Thimphu and observing the local lifestyle.

Time:

2-3 hours

Accommodation

Hotel

Meals:

Breakfast

Day : Thimphu to Punakha and Hike to Lungchutse Monastery

After breakfast, we drive to Dochula Pass (3,100 meters), where, on a clear day, we can get spectacular views of the Himalayas. We will begin the 2-hour hike to Lungchutse Monastery from 108 chortens. The trail passes through rhododendron forests. Walking along the high ridges marked with colorful Buddhist prayer flags offers us stunning Himalayas views and incredible vistas into the valleys below the pass.

After lunch, drive downhill through the rhododendron, fir, and hemlock forests. On the way, we stop at Metshina Village and take a 20-minute walk through the rice fields to Chimi Lhakhang, a fertility temple dedicated to the Divine Madman or Lama Drukpa Kuenley.

Time:

2-3 hours

Accommodation

Hotel

Meals:

Breakfast

Altitude:

3100 meters

Day 4 hours: Punakha to Paro and Hike to Khamsum Yulley Namgyal Chorten

We drive 12 km north of Punakha at dawn and begin our 2-hour hike to Khamsum Yulley Namgyal Chorten. It is located on a beautiful hillock called Ngezergang and contains elaborate paintings dedicated to the old sect of Buddhism. We hike further towards Punakha. On the way back, we visit the Punakha Dzong, built in 1637. It is also the second oldest and the second largest Dzong in Bhutan. In the afternoon, we drive to Paro and spend the night there.

Accommodation

Hotel

Meals:

Breakfast

Day : Fly to Kathmandu and Drive to Nagarkot

Upon our arrival in Kathmandu, a Naata Trek and Tours representative will pick us up from the airport. We will then be transferred to our hotel. We spend our day sightseeing a few monuments on the way to Nagarkot, a hill station famous for its breathtaking views of the Himalayas, including Everest. We spend the evening watching the sunset over the beautiful mountains, and this completes our tour package.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

1400 meters

Day : Departure

Our trip concludes today, and an office representative will drive you to the international airport for your departure.

Trip Includes

- All airport pick-ups and drops
- All ground transportation by comfortable private vehicles
- Welcome dinner in Nepal
- Breakfast in Nepal
- All Meals in Bhutan
- All Meals in Bhutan
- Twin-shared hotel accommodation in Nepal and Bhutan
- Sightseeing in Nepal and Bhutan by an experienced English speaking local tour guide
- Permits and sightseeing entrance fees for museums and monuments as per the itinerary
- Company services and all required government taxes
- Bhutanese visa fee
- Tour guide and driver

Trip Excludes

- All international flights
- Nepalese visa fee (easily available after arriving at the Tribhuwan International Airport in Kathmandu)
- Lunch and Dinner (except welcome dinner)
- All personal expenses (personal gear, telephone calls, beverages, internet, laundry, etc.)
- Other services not mentioned in the 'What Is Included' section
- Travel Insurance
- Tips for guides and drivers

Additional Trip Information

Meals During Tour

The meals offered in Nepal are primarily authentic Nepalese cuisines. You will mostly have dal bhat tarkari (lentil rice and curry). Another food that people mostly eat in Nepal is Momo (dumplings). As you stay in city areas on the tour, ample food options will be available.

In Bhutan, the offerings will also be primarily Bhutanese dishes. Some of the dishes presented will be Ema Datsi, Phaksa Paa, Jasha Maru, Puta, Juma, etc. In Bhutan, there are international dishes available.

3 Star Accommodation

The accommodation used in this tour will be 2—to 3-starred hotels. As this is more of a city-to-city tour, the accommodation options are aplenty, and you can have your say in the type of accommodation you would prefer. In Nepal, you will stay in hotels such as Hotel Marshyangdi, Yatri Suite, or hotels of similar standards.

In Bhutan, you will stay in hotels like Hotel Khamsum, Metta Resort, Spa, or similar-standard hotels and resorts. However, you can also choose the type of hotel or resort you want.

Best Season to visit Nepal and Bhutan Tour

The best seasons to visit Nepal and Bhutan are spring (March to May) and Autumn (September to November).

Spring

The spring season starts in March and lasts until May. The sky is clear during these months, and you can see beautiful rhododendron forests covering the valleys and hills. The weather is charming, too, being neither cold nor hot. There is a chill in the mornings and evenings, adding a sense of adventure without being too cold.

Autumn season

The autumn season starts in September and lasts until the end of November. These months are also very favorable times of the year to visit Nepal and Tibet. During the post-monsoon season, the vegetation will be as vivid as possible. Also, this season coincides with the biggest festival in Nepal, and there is something more to see than nature when visiting Nepal during autumn.

Visa Requirements for Bhutan and Nepal Tour

- People from all nations except India, Bangladesh, and Maldives require a visa to enter Bhutan. The visa requirements are,
- You must pay a sustainable development fee (SDF) of US\$100 per day as part of the visa application process.
- Your passport must be valid for another six months from the day you enter Bhutan.

- You must book a tour through a registered tour operator
- You must provide your contact information and address and submit proof of your occupation.

Travel Insurance

Although travel insurance is not mandatory while visiting Bhutan, it is highly recommended that you get one for coverage related to unforeseen events related to international travel. Medical insurance is, however, compulsory while traveling to Nepal. Thus, you must ensure that you are covered under any such circumstances and that the coverages include the kind of travel you are doing.

Frequently Asked Questions

What are the must-visit attractions of Nepal and Bhutan tours?

Nepal's must-visit attractions are the UNESCO World Heritage sites of Kathmandu Durbar Square, Swayambhunath, Boudhanath, Pashupati, and Changunarayan.

What is the best time of the year to visit Nepal and Bhutan?

The best time of the year to visit Nepal and Bhutan is in the Spring (March to May) and Autumn (September to November) seasons. These months have delightful weather, with clear skies and vivid views all around.

What is the local currency used in Nepal and Bhutan?

The local currency used in Nepal is the Nepalese Rupee (NPR), and in Bhutan, it is the Bhutanese Ngultrum (BTN).

Are there any specific cultural customs or etiquette to be aware of in Nepal and Bhutan?

In Nepal and Bhutan, respecting local customs, such as removing shoes when entering homes, temples, and monasteries is important. It is also inappropriate to wear revealing clothes, and public displays of affection are frowned upon in both countries.

What is the cuisine like in Nepal and Bhutan?

Nepali cuisine is quite diverse and includes staple foods such as Dal Bhat Tarkari (lentil rice and curry), momos (dumplings), and Thukpa (Noodle Soup). On the other hand, Bhutanese dishes include spicy dishes with red rice and vegetables.

How can I ensure a smooth travel experience in Nepal and Bhutan?

For a smooth travel experience, it is recommended that you book your tour with a reputable agency, obtain the necessary visas and permits, and be wary of the weather conditions.

Address

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