



Simikot Kailash Tour

URL: <https://naatatravels.com/trip/simikot-kailash-tour/>

Duration

20 Days

Per Person Cost

USD 5210

Difficulty

Difficult

Group Size

2-16

Maximum Elevation

5120 meters

Accommodation

Hotels in Kathmandu, Nepalgunj and Tibet. Tea houses during the trek

arrival_on

Kathmandu

Meals

Breakfast in Kathmandu, Lhasa
Nepalgunj and Tibet. All meals during the trek

Departure

Trip Route

Tibet and Nepal

Trip Overview

Kailash tour via simikot is a quintessential journey to Mt Kailash where we experience trekking in one of the remotest western parts of Nepal before entering Tibet. Simikot Kailash Tour is a pilgrimage tour to Mount Kailash Manasarovar lake following an ancient route of Nepal and Tibet. The route was a busy caravan trade route between Nepal and Tibet in Medieval time.

Simikot Kailash Tour is a blend of trekking in Nepal- Simikot Hilsa 7 days trek and Tibet Tour- Manasarovar Kailash with traditional culture and architecture. During our trip, we walk through the best kailash tour route which offers the beauty of Nepal and also provides us enough time for acclimatization before entering Tibet region. As we trek to Nepal Tibet border 'purang' also known as 'Taklakot' (4000m), the landscape is a 'pleasure to the eye'

The trip begins with a flight to Nepalgunj, a city in the Western Terai plains of Nepal. During the Simikot trek we walk the remote part of Humla such as Dharapani, Yalbang, Kermi and Muchu following the Humla Karnali river to the border of Tibet. From there we take a 4WD land cruiser or Rover to the holy Mansarovar Lake. Furthermore, our Tibet tour begins with our visit to the Garuda Valley: a place

believed to be the cradle of the Tibetan civilization in ancient times when bon religion was followed through-out Tibet, long before Buddhism was practiced.

However, only few Europeans and Americans who love challenge take this route. May to September is the best time for Kailash Manasarovar tour via Simikot since the weather is pleasant with moderate climate. The Kailash Tour via Simikot comes to an end in Lhasa which is the 'cradle of Tibetan Civilization'.

Trip Itinerary

Day : Arrival in Kathmandu

Upon your arrival at the Tribhuvan International airport a representative from Naata Trek and Tours will be waiting for you at the airport displaying a playcard imprinted with your name. He/she will then transfer you to the designated hotel. In the evening we can enjoy a welcome dinner hosted by Naata Trek and Tours. During the dinner we can enjoy Nepalese cuisine which will introduce us to the country's food culture.

Accommodation

3-star hotel

Meals:

Dinner

Altitude:

1350 meters

Day : Kathmandu Sightseeing

We will have a pre trip meeting after breakfast where you will be introduced to your Guide. During the meeting you can assure yourself with any queries regarding the trip.

We visit Boudhanath Stupa, one of the biggest Buddhist shrines in the world, where we observe Buddhist monks praying in the monasteries surrounding the stupa. After Boudhanath Stupa we visit Pashupatinath Temple, the most famous Hindu temple in the country, located on the banks of the holy Bagmati River. Here we see Hindu holy men (sadhus) meditating, pilgrims bathing and occasionally funeral pyres burning on the ghats. We will also visit Bhaktapur Durbar Square, which is a collection of pagoda and shikhara-style temples grouped around a fifty-five window palace of brick and wood. The attraction of the Bhaktapur Durbar Square is the Lion gate, the Golden gate, the Palace of Fifty-Five Windows, art galleries, the Statue of King Bhupatindra Malla.

Accommodation

3-star hotel

Meals:

Breakfast

Altitude:

1400 meters

Day : Fly from Kathmandu to Simikot

We take a domestic flight from Kathmandu to Nepalgunj, which is a town near the Nepal India border in the West. It is also the gateway to Simikot and Humla. In the afternoon, we visit a mini zoo and the

nearby villages. We stay the night in Nepalgunj.

Accommodation

Local lodge

Meals:

Local Lodge

Altitude:

2910 meters

Day : Fly to Simikot and Trek to Dharapori

We take a short scenic 40-minute flight from Nepalgunj to Simikot. Simikot is the headquarters of the Humla District and has an influence of the Tibetan culture due to the close closeness of the two places. We have lunch at Simikot and register the permit at a police office. We ascend for a while and descend to the village of Tuling. We walk further into jungles and villages along the Karnali River and reach Darapori.

Time:

4-6 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

2985 meters

Day : Dharapori to Kermi

Today, we start on a flat trail alongside the Karnali River. The trail goes through cultivated barley, buckwheat, rice and potato fields until we reach Kermi. There are two hot springs near Kermi where we can take a dip and comfort our tired bodies. We can also visit ancient Buddhist monasteries Lakiyo Gumpa and Lhundrup Choeling Gumpa nearby Kirmi. We stay the night in Kermi.

Time:

5-6 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

2860 meters

Day : Trek to Yalbang

After breakfast we walk on flat lands and make a steep ascends to a pass and cross a suspension bridge over the Salli River. We go through pine forests and reach Yalbung after a relatively easy day. Later in the day, we also visit Namkha Khyung Dzong Monastery. We stay the night in Yalbang.

Time:

5-6 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

2879 meters

Day : Trek to Tumkot

We follow the trail above the Karnali River and as we start to ascend vegetation around get sparse and up come pine trees and rocky hills. Upon reaching Tumkot, we visit one of the most important Sakya monasteries of the Tibetan region in Dhugkar Choezom monastery. We stay the night in Tumkot.

Time:

5-6 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

3073 meters

Day : Trek to Yari

The trail today follows the Karnali River and is comparatively easy. After walking for a couple of hours, the climate starts to change and pine trees give way to low Junipers in an even rockier landscape. We walk for a few hours more and reach our destination, Yari.

Time:

6-7 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

3663 meters

Day : Trek to Hilsa via Nara La Pass

We start the trek by crossing the Nara La pass at 4,620m. The vegetation is scanty by now and the landscape is somewhat similar to that of Tibet. After descending from the pass the beautiful Tibetan plateau and Yari village come into sight. We descend further to reach Hilsa which is a border town between Nepal and Tibet. We stay the night in Hilsa.

Time:

5-6 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

3467 meters

Day : Trek to Purang

We cross the Friendship bridge at Hilsa where the Chinese officials will check our permits and passports. We will be greeted by our Tibetan guide here. Passing by Zangpo Gompa and Kangje Village we ascend to Purang. Once we reach there, we visit the age-old Purang Gompa which has beautiful frescoes dating back from 12th century. We stay the night in Purang.

Time:

2-3 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

3772 meters

Day : Purang to Montser and sightseeing in Tirtapuri

We walk through Rakshas and Mansarovar Lakes to reach Montser. We rest for a while after reaching Montser then visit Tirtapuri (4,510m) located northwest of Mount Kailash. The Tirthapuri hot springs are firmly related with Padmasambhava (Guru Rinpoche) where pilgrims bathe in pools fed by the springs. Next, we visit a monastery containing Guru's footprint along an hour long pilgrimage route. We return back to Montser after touring Tirtapuri and stay the night there.

Time:

3-4 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4450 meters

Day : Sightseeing of Garuda Valley and transfer to Darchen

After breakfast, we visit Garuda Valley located southwest of Mt. Kailash. There are a series of uncanny caves, some of which haven't been explored yet. People here believe that this was the birthplace of the Tibetan civilization during the time of Shang Shung Kings which was long before Buddhism came to the fore. It's a great place for avid archeological lovers. After touring the valley go to Darcehn, a small town located in front of Mount Kailash.

Time:

4-5 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4560 meters

Day : Hike to Dira Puk monasteries

The first day of Kora starts with a six hour hike in a valley through walls made of red rocks. We continue further on the plain and cross a bridge that leads to Chhuku Gompa which is on a high hill. The trail leads takes us to Dirapuk from where we get splendid views of the north face of Mt. Kailash. We stay the night in Dirapuk.

Time:

5-6 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

5120 meters

Day : Second day of Kora: hike to Dzutul-puk

Today we are in for the hardest part of our journey. We climb the Drolma-La pass (5,750m) decorated with five colored praying flags. From the pass we descend to Dzutul-puk where we come across the marvelous Thugje Zinbu (Lake of Compassion) and a few ancient meditative caves. We stay the night in Dzutul-Puk.

Time:

6-7 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4790 meters

Day : Third day of Kora: Hike to Darchen and transfer to Manasarovar

We complete the final day of the holy Kora of Mount Kailash at Darchen and then drive for 2 hours to reach Mansarovar Lake. Both Hindus and Buddhists alike consider this Lake of religious importance. According to the Hindu doctrine, Lake mansarovar is a representation of purity and one who drinks water from the lake is believed to go Lord Shiva upon death. The Buddhists refer the sacred Lake as Annavatapa which denotes the place where Queen Maya Devi conceived Buddha. We stay the night in Mansarovar.

Time:

4-5 hours

Accommodation

Local Lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4560 meters

Day : Tour of Mansaroval Lakes

Today, we circumambulate the holy Mansarovar Lake which is one of the highest located freshwater Lakes in the world. It is believed that taking a holy dip in the lake and a drink of its water will set one free from the sins of a hundred lives. After encompassing Mansarovar Lake on a jeep and if time permits, we will visit Chui Gompa.

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4560 meters

Day 8-9 hours: Masarovar to Saga

We set out for a long drive from Mansarovar to Saga crossing the sacred and historic Chiu Monastery. We drive past Hor Quo and cross Mayum La pass (5,200m). We also come across small towns Zhongba and Paryang. We cover 270kms from Mansarovar to Paryang and the road joins Saga, located 270 km away from Paryang. We stay the night in Saga.

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

4600 meters

Day : Saga to Shigatse

We travel to Shigatse via Latse. Our trail goes along Tsangpo River into a region zig zagged by upper Brahmaputra and its tributaries. We freshen-up after reaching Shigatse and visit the Tashilhunpo Monastery founded by Pachen Lama in 1447. We stay the night in Shigatse.

Time:

8-9 hours

Accommodation

Local lodge

Meals:

Breakfast, lunch and dinner

Altitude:

3900 meters

Day 4-5 hours: Shigatse to Lhasa

We drive towards Lhasa after breakfast. On the way to Lhasa we visit Shalu Monastery known for its beautiful and ancient mural paintings. We cross the first of two passes we cross in Karo La Pass at 5045 meters. Then up comes Khamba La Pass at 4794 meters where we will stop to absorb the beauty of Yamdrok Tso (Turquoise Lake), one of the three largest lakes in Tibet and Nazin Kang Sang Glacier standing at 7252 meters.

Accommodation

3-star hotel

Meals:

Breakfast and dinner

Altitude:

3656 meters

Day : Departure

Today marks the final day of our adventurous trip. A Naata Trek and Tours officer will drive you to the international airport on time for your scheduled flight.

Trip Includes

- Pickups and drops from airport(s) and hotel(s)
- Hotels in Kathmandu, Nepalgunj and Tibet. Teahouse during the trek
- Breakfast in Kathmandu, Nepalgunj and Tibet
- All meals while trekking in Nepal (only)
- Flight from Kathmandu to Nepalgunj and from Nepalgunj to Simikot with airport departure taxes
- Assistance in acquiring the Chinese visa
- All necessary permit(s) and entry fees (including Tibet Travel Permit)
- Hilsa, Kailash, Garuda valley, Lhasa transfer by private vehicles (van or Hiace or bus)
- Hilsa, Kailash, Garuda valley, Lhasa transfer by private vehicles (van or Hiace or bus)
- Fees for porter or horse from Simikot to Hilsa and during Kora
- T-Shirt, sleeping bag , down jacket, and duffle bag
- All applicable taxes and service charges
- Lake Mansorver Kora bus fee
- All necessary paperwork

Trip Excludes

- All international airfares
- Chinese visa fee
- Accommodation(s) outside the itinerary
- Lunch and dinner (including any meal except breakfast) in Kathmandu, Nepalgunj and Tibet
- Travel and rescue insurance
- Extra cost in the event of landslide for hiring additional transportation and porters
- Horse rental while on Kora or personal porter
- Emergency evacuation costs (cost for renting a Land Cruiser and medical and rescue insurance is recommended). We advise you to purchase insurance with a zero deductible.
- Personal expenses, e.g. phone call, laundry, bar bills, photography charges, web usage, and telephone calls
- Tips for guides, drivers, porters, etc.

Address

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